



*"Restoring Health, Rebuilding Life,
and Revitalizing Hope."*

Vocational Services

The Occupational Therapy Department has a variety of services focusing on the goal of helping clients with physical disabilities attain their potential in the area of work or community participation. A physician's referral is needed for all services. Once a referral is received, individuals are contacted for an initial evaluation to determine which service will best meet their need. Individualized and group programs are available to help people return to a specific occupation, or to explore going to school or engaging in any type of competitive or volunteer work.



Occupational Therapy Department Vocational Services Continuum

Through the Occupational Therapy Department, patients can access a variety of services geared towards increasing their potential to return to work and reintegrate back into the community. The following is a list of the services provided:

- Stepping Out Program
- Work Readiness Program
- Rancho Works Enterprises
- Basic Computer Group
- Work-Site Evaluation
- Functional Capacity Evaluation

For more information, please contact:
Denise Ha, OTR/L or Rodel Reyes

Occupational Therapy Department
900 Building, Room 89
Telephone: (562) 401-7722

RANCHO LOS AMIGOS

National Rehabilitation Center

7601 E. Imperial Highway
Downey, CA 90242

1-877-RANCHO-1 or 562-401-7111

TTY/TDD number 562-401-8450

or visit us at

<http://www.rancho.org>,

<http://www.facebook.com/rancholosamigosrehab>,

or <http://www.twitter.com/ranchorehab>

Stepping Out Program

A ten-week program for brain injury and stroke survivors who desire to engage in meaningful and productive activities in the home and in the community and who want to increase their independence. The program involves individual and group sessions that help patients identify and work toward their goals in order to reintegrate into the community. Sessions are held two times a week for two hours.

Work Readiness Program

A six to eight-week program for people with any physical disability. The program's focus is on assisting people who have a desire to work, attend school, or join a training program but are uncertain about what line of work they can do. Sessions are held two to three times a week for two hours.

Rancho Works Enterprises

An eight-week program providing structured hands-on work experience for people with any physical disability who desire to learn new skills or develop current skills for future employment. Individuals will practice good work habits, build interpersonal skills for working with others, and explore their interests for volunteer or paid work. Individuals who complete this program may continue participation in this program as volunteers. Sessions are held two times a week for two hours.

Basic Computer Group

This group provides assistance to patients who want to gain confidence in using a computer at home, school, or work. Basic instruction and practice are provided for setting up a computer and using accessibility features; other topics include using the internet, email, and word processing programs. Sessions are held two times a week for 90 minutes, with each topic lasting two weeks.

Work-Site Evaluation

Patients who have a job to return to are provided with an individualized work-site evaluation. Reasonable accommodations are suggested and coordinated with the employer when applicable.

Functional Capacity Evaluation

A one-day computerized assessment to obtain objective, valid, and reliable information to determine whether or not a patient is capable of meeting the physical demands of a specific occupation or any occupation.